

Thursday

Picnic for Millie



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Inspiring Excellence for 10 Years

Connect with others

Resources

- ★ An invite from Millie
- ★ Picnic food of choice
- ★ Items to decorate the area, for example, bunting, blanket, tablecloth, cushions etc.

Today is the day Millie's Mark was founded, born out of one family's determination that something good should come from the hardest of losses.

Today the children will give to others by baking, sharing their cakes, wearing happy colours and celebrating with Millie and friends at a picnic.

Important:
Activities with children must always be risk assessed.



Activity Outline

- ★ **Read out the invitation to the picnic.** Suggest the children bake some cakes to share with Millie and friends (see recipe below)
- ★ Throughout the activity ask the children who they are making their cakes for. Share with them who you are making one for, to model the act of giving. Ask them what they think their friend will say when they taste it
- ★ Set up the picnic area with the children while you are waiting for the cakes to bake
- ★ Encourage the children to wear Millie's colours (purple and pink) for the picnic (or other colours that make them happy).



Extension ideas

- ★ Make extra cakes and box them up to give to people in the community, for example, first responders, first aid trainers or a care home.

Recipe for cupcakes

- ★ 100g self-raising flour, two eggs, 100g softened butter, 100g sugar, one tsp vanilla essence (makes 12) [adjust to cater for any known allergies]
- ★ Items to decorate the cupcakes such as icing, chocolate drops, hundreds and thousands etc.
 1. Heat the oven to 180°C (160°C fan) and line a tray with bun cases
 2. Remind the children to wash their hands (discuss why)
 3. Measure out (if not pre-measured) all the ingredients
 4. Mix with a wooden spoon until creamy and smooth
 5. Fill the cupcake cases to about two-thirds full
 6. Bake for 15-18 minutes until risen and golden and a skewer/fork comes out clean
 7. Transfer to a wire rack. Ensure they're fully cooled before decorating.



Top tip



Life saving equipment

Make sure your staff know where your nearest defibrillator is, including how to access it, e.g. code, phone number. Consider how you make this information available to staff so they can access it in an emergency.

