

A guide to the Welsh language at home

Canllaw i'r iaith Gymraeg adre

Medi - September 2026



On October the 15th we celebrate 'Diwrnod Shwmae', it is a day dedicated to celebrating the Welsh language, and used to encourage people to start a conversation with 'Shwmae' which means 'Hi, how are you?'. To celebrate diwrnod Shwmae here are some sentences that can be used throughout different times of the day.

Start the day: <https://youtu.be/ZepbbViTeA0?si=hYi1mMlpI9Ft6Eix>

Breakfast time: <https://youtu.be/kPB6HCBFwG4?si=IERNzHJqe92vnVRr>

Snack time: <https://youtu.be/oiERMRe20sc?si=08p0QhwaZ2CQuIZt>

Play time: <https://youtu.be/kVFm09Wf5mY?si=hkZgYYM4raajKd9T>

Lunch time: <https://youtu.be/pouxrIPlBqA?si=ob0EHjOn-RTtBqoO>

Outside: https://youtu.be/JEeEsGWhOAE?si=h6DwStp28oEgtCa_

Home time: <https://youtu.be/c6QzNYpkZFg?si=HpjvisiDHtFILAsj>

Sleep time: <https://youtu.be/7snFtEUslzc?si=ZFpptvZp9DGQm1GC>