Case study: Little Stars, Blaenau Gwent on the Camau Journey

Little Stars Nursery and Big Stars Kids Club Blaenau Gwent is a private Day Care facility caring for children aged 6 weeks to 12 years in the Ebbw Fawr area. We are registered with Care Inspectorate Wales (CIW) for 73 children. Opening hours are Monday to Friday 7:30am to 6pm.

We offer Full Day Care, Half Days, Wrap Around service to and from Ebbw Fawr and we also provide an After School and Holiday Club. Staff work extremely hard and very effectively implement an ethos whereby children are treated with a high degree of respect.

In our CIW report in July 2025 we are making progress with embedding the Welsh Language into our setting. Promotion of Welsh language and culture: The service provider makes an effort to promote the use of the Welsh language and culture, or is working towards a bilingual service.

How did your Welsh Language journey commence?

We received emails from NDNA Cymru promoting the Camau online self-study bespoke to the childcare and early years sector. 11 of our staff members embarked onto the course, with 6 members of staff successfully completed the Mynediad 1 course.

Alisha said:

> *"I am now feeling more confident in using the Welsh language, using it at circle time to sing songs with the children in regards to days of the week, the weather, emotions and instructions. It is lovely to hear the children in their free play copying the Welsh language that they are learning."*

Since increasing their use of the Welsh language through Camau, Little stars Ebbw Fawr have introduced Welsh language buttons around the setting for the children to use independently.

They said*:*

> *"These have been a brilliant addition, encouraging spontaneous Welsh throughout the day and helping the children feel more confident using simple phrases in their play and routines. They've become a really positive part of our language rich environment. We are pleased with the amount of Welsh that is seen and used in our setting. We have a variety of Welsh displays around the setting."-rich environment*

Were the NDNA Cymru resources useful?

Yes, during the course we attended the NDNA Cymru story and song webinars.

Little Stars said:

> *"All staff and children thoroughly enjoyed attending this webinar. The children confidently interacted during the story we had a lengthy discussion about the story after and the children made their own porridge for their snack. The children suggested the gingerbread man for the next one."*

We downloaded various Welsh Language factsheets which included a learning opportunity, word bank and songs. We purchased the NDNA Cymru bilingual accident forms and receive the Bilingual story resource pack and Cynefin and cultural resources.

How do you feel the Camau course has impacted you in your daily routine?

Little Stars wanted to develop their Welsh skills across the setting, both promoting the Welsh language and culture. We are pleased to see that the setting has made excellent progress with embedding the Welsh language while completing the Camau course.

Laura said:

> "*I use a lot more Welsh when communicating with parents and carers, greeting them with Bore Da or Hwyl Fawr. I use it more in my digital communication and encourage the staff to use it in their observations for the children and their learning journals. Having one of our staff being a fluent Welsh speaker has been a huge help and support".*

Katie said:

> *"Camau training has benefitted and increased my confidence in using the Welsh language more frequently. Such as throughout the day and meal times. I have really enjoyed the course & I am looking forward to gaining more knowledge by completing Camau Level 2. It has also boosted my confidence to be recognised for my improvement on the Welsh language by my Managers and to have been nominated for an Award"*

Outcomes & Reflections

We support children's language skills, by greeting the children using Welsh words and phrases, as well as singing with the children. We have a number of staff who have gained confidence with incorporating the Welsh language through everyday activities such as singing songs, playing Welsh games and talking incidentally sayings words and phrases throughout the day. The children enjoy repeating and taking part in all these activities.

Our families have been very supportive with the amount of Welsh we are using. We take part in sending home Ticw Bear as a home nursery link. We send home the short story books and it has been very rewarding to have a parents share a video of her child saying the words from one of the stories "ble mae Ticw" Our "Welsh champion" staff member is a fluent Welsh speaker. She has been able to support staff and help us pronounce the Welsh words accurately.

We embarked onto the Welsh Promise to develop our Welsh language and to celebrate Welsh culture. We were very proud and delighted to have achieved our Bronze award and now progressed onto the silver.

All staff have shown a great interest in developing their Welsh language skills. As a team we have recognised that we are not very confident when speaking Welsh, therefore we felt this would help us become more confident to use the language within the nursery and in our everyday lives. The Welsh language is developing well within the heart of our Welsh identity.

Case study: Little Stars, Blaenau Gwent V0.3 – February 2026

Further support

Links to further support and resources:

Welsh-language-nurseries-early-years

Astudiaeth Achos: Meithrinfa Little Stars, Blaenau Gwent ar ei daith Camau

Mae meithrinfa 'Little Stars a Big Stars Kids Club' Blaenau Gwent yn darparwr Gofal Dydd preifat sy'n gofalu am blant 6 wythnos i 12 oed yn ardal Ebbw Fawr. Rydym wedi'u cofrestru gyda Arolygiaeth Gofal Cymru (AGC) ar gyfer 73 o blant. Ein horiau agor yw ddydd Llun i ddydd Gwener, 7:30am tan 6pm.

Rydym yn cynnig gofal diwrnod llawn, Hanner dydd, gwasanaeth gofal cofleidiol i ac o Ebbw Fawr, rydym hefyd yn darparu clwb ar ôl ysgol a chlwb gwyliau. Mae staff yn gweithio'n hynod galed ac yn gweithredu ethos lle caiff plant eu trin ag urddas a pharch uchel.

Yn ein hadroddiad AGC ym mis Gorffennaf 2025, rydym yn gwneud cynnydd o ran mewnblannu'r iaith Gymraeg yn ein lleoliad. Hyrwyddo'r iaith a'r diwylliant Cymraeg: Mae'r darparwr gwasanaeth yn gwneud ymdrech i hyrwyddo defnydd o'r iaith Gymraeg a diwylliant Cymru, neu'n gweithio tuag at ddarparu gwasanaeth dwyieithog.

Sut dechreuodd eich siwrne i'r iaith Gymraeg?

Derbynon ni ebyst gan NDNA Cymru yn hyrwyddo'r cyrsiau camau, mae'r cyrsiau yma wedi'i deilwra'n arbennig ar gyfer y sector gofal plant a'r blynyddoedd cynnar. Mae 11 aelod o staff wedi dechrau'r cwrs gyda chyfanswm o 6 aelod o staff wedi cwblhau cwrs Camau Mynediad 1,

Dwedodd Alisha:

> *"Rwyf bellach yn teimlo'n fwy hyderus wrth ddefnyddio'r Gymraeg, gan ei defnyddio yn ystod amser cylch i ganu caneuon gyda'r plant o ran dyddiau'r wythnos, y tywydd, emosiynau a chyfarwyddiadau. Mae'n hyfryd clywed y plant yn eu chwarae rhydd yn copïo'r iaith Gymraeg maen nhw'n ei dysgu."*

National Day Nurseries Association Cymru
3 Connaught House, Riverside Business Park, Benarth Road, Conwy, LL32 8UB
Email: wales@ndna.org.uk Tel: 01824 707823 www.ndna.org.uk/ndna-cymru/

Ers cynyddu eu defnydd o’r Gymraeg drwy Gamau, mae Little Stars Ebbw Fawr wedi cyflwyno botymau iaith Gymraeg o amgylch y lleoliad fel bod y plant yn gallu eu defnyddio’n annibynnol.

Dwedon nhw:

> *“Mae’r rhain wedi bod yn ychwanegiad gwych, gan annog y defnydd digymell o’r Gymraeg drwy gydol y dydd a helpu’r plant i deimlo’n fwy hyderus wrth ddefnyddio ymadroddion syml yn eu chwarae a’u trefn ddyddiol. Maent wedi dod yn rhan gadarnhaol iawn o’n hamgylchedd iaith gyfoethog.”*

Oedd adnoddau NDNA Cymru’n ddefnyddiol?

Oedd, yn ystod y cwrs ymuno’n ni mewn gyda sessiynau stori a chan NDNA Cymru.

Dwedodd Little Stars:

> *“Fe wnaeth yr holl staff a’r plant fwynhau’r weminar hon yn fawr. Bu'r plant yn rhyngweithio'n hyderus yn ystod y stori a chawsom drafodaeth hir am y stori ar ôl hynny a gwnaeth y plant eu huwd eu hunain ar gyfer eu byrbryd. Awgrymodd y plant y dyn sinsir ar gyfer yr un nesaf.”*

Lawrlwytho’n ni nifer o daflennu ffeithiau Cymraeg gan gynnwys cyfleoedd dysgu, banciau o eiriau a straeon. Prynon ni ffurflenni damwain dwy ieitheg NDNA Cymru ac rydym yn derbyn pecynnau stori a phecyn Cynefin a diwylliant Cymru ganddyn nhw.

Pa effaith mae cwrs Camau wedi cael ar trefn eich dydd?

Roedd Little Stars eisiau datblygu eu sgiliau Cymraeg ar draws y lleoliad, gan hybu'r iaith Gymraeg a diwylliant Cymreig. Rydym yn falch o weld bod y lleoliad wedi gwneud cynnydd rhagorol o ran gwreiddio’r Gymraeg wrth gwblhau’r cwrs Camau.

Dwedodd Laura:

> *“Rwy’n defnyddio llawer mwy o Gymraeg wrth gyfathrebu gyda rhieni a gofalwyr, gan eu cyfarch gyda Bore Da neu Hwyl Fawr. Rwy’n ei defnyddio’n fwy yn fy nghyfathrebu digidol ac yn annog y staff i’w defnyddio yn eu harsylwadau ar gyfer y plant a’u dyddlyfrau dysgu. Mae cael un o’n staff yn siarad Cymraeg yn rhugl wedi bod yn help a chymorth enfawr”.*

Dwedodd Katie:

> *“Mae hyfforddiant Camau wedi bod o fudd ac wedi cynyddu fy hyder i ddefnyddio’r Gymraeg yn amlach. Megis trwy gydol y dydd ac amser bwyd. Rwyf wedi mwynhau’r cwrs yn fawr ac rwy’n edrych ymlaen at ennill rhagor o wybodaeth trwy gwblhau Camau Lefel 2. Mae hefyd wedi rhoi hwb i fy hyder i gael fy nghydnabod am fy ngwelliant yn y Gymraeg gan fy Rheolwyr ac i gael fy enwebu am Wobr.”*

Canlyniadau ac Adlewyrchiadau

Rydym yn cefnogi sgiliau iaith y plant trwy eu cyfarch gan ddefnyddio geiriau a brawddegau Cymraeg, yn ogystal â chanu gyda'r plant. Mae nifer o aelodau staff wedi meithrin hyder wrth ymgorffori'r Gymraeg drwy weithgareddau bob dydd megis canu caneuon, chwarae gemau Cymraeg a siarad yn achlysurol gan ddefnyddio geiriau a brawddegau drwy gydol y dydd. Mae'r plant yn mwynhau ailadrodd ac ymgymryd â'r holl weithgareddau hyn.

Mae ein teuluoedd wedi bod yn gefnogol iawn o ran y faint o Gymraeg rydym yn ei defnyddio. Rydym yn cymryd rhan yn gweithgareddau Ticw fel cysylltiad cartref–meithrin. Rydym yn anfon y llyfrau stori byr adref ac mae wedi bod yn hynod o werthfawr cael rhiant yn rhannu fideo o'i phlentyn yn dweud y geiriau o un o'r straeon: "Ble mae Ticw?" Mae ein haelod staff "pencampwr Cymraeg" yn siarad Cymraeg yn rhugl, mae hi wedi gallu cefnogi staff ac ein helpu i ynganu'r geiriau Cymraeg yn gywir.

Fe wnaethon ymuno â'r Addewid Cymraeg i ddatblygu ein defnydd o'r iaith Gymraeg ac i ddathlu diwylliant Cymru. Roeddem yn falch ac yn falch iawn o ennill ein gwobr Efydd ac rydym bellach wedi symud ymlaen i'r lefel Arian.

Mae'r holl staff wedi dangos diddordeb mawr yn datblygu eu sgiliau Cymraeg. Fel tîm, rydym wedi cydnabod nad ydym yn hyderus iawn wrth siarad Cymraeg, felly rydym yn teimlo y bydd hyn yn ein helpu i ddod yn fwy hyderus wrth ddefnyddio'r iaith yn y feithrinfa ac yn ein bywydau bob dydd. Mae'r iaith Gymraeg yn datblygu'n dda yng nghalon ein hunaniaeth Gymraeg.

Astudiaeth Achos: Little Stars, Blaenau Gwent V0.3 Chwefror, 2026

Gwybodaeth ychwanegol

Mwy o gymorth ac adnoddau:

[Welsh-language-nurseries-early-years]

National Day Nurseries Association Cymru
3 Connaught House, Riverside Business Park, Benarth Road, Conwy, LL32 8UB
Email: wales@ndna.org.uk Tel: 01824 707823 www.ndna.org.uk/ndna-cymru/