



National Day Nurseries Association

★Brighter thinking
for early years

Quiz

A photograph of two young children, a boy and a girl, sitting on the floor and playing with a colorful toy. The boy is on the left, wearing a blue sleeveless shirt, and the girl is on the right, wearing a pink sleeveless shirt. They are both looking at the toy with interest. The background is a blurred indoor setting with shelves and toys.

**Early Years Foundation
Stage 2025**



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NDNA Quiz - Early Years Foundation Stage (EYFS)

How well do you and your staff know the EYFS? Test your knowledge with our quick quiz!

- 1. Identify from the following statements what you think the EYFS seeks to provide:**
 - a. Quality and consistency: So that every child makes good progress and no child gets left behind
 - b. A tick list of what children can do: So practitioners can keep track
 - c. A secure foundation: Through planning for the learning and development of each individual child and assessing and reviewing what they have learned regularly
 - d. Partnership working: Between practitioners and with parents and/or carers
 - e. Equality of opportunity and anti-discriminatory practice: Ensuring that every child is included and supported
 - f. A prescriptive formula for how children should learn: So that every child receives the same curriculum.

- 2. How many areas of learning and development are there in the EYFS?**
 - a. Five
 - b. Six
 - c. Seven.

- 3. What are the three prime areas of learning?**
 - a. Communication, language and literacy; personal, social and cultural development; motor skills
 - b. Communication and language; personal, social and emotional development; physical development
 - c. Mathematics; literacy; understanding the world.

- 4. What are the four specific areas of learning?**
- a. Communication and language; personal, social and emotional development; physical development; cultural development
 - b. Literacy; mathematics; physical development; expressive arts and design
 - c. Literacy; mathematics; understanding the world; expressive arts and design.
- 5. True or False: Early years settings must assess children's learning and development against the Early Learning Goals.**
- 6. The end of the foundation stage is**
- a. When children have completed their Reception year in school
 - b. When children reach their 5th birthday
 - c. When a child has met all the early learning goals.
- 7. What are the EYFS legal requirements for assessment?**
- a. Progress check at age two, Reception Baseline Assessment (RBA), Early Years Foundation Stage Profile (EYFSP)
 - b. Assessment checks at age 1, age 2, age 3, age 4 and age 5
 - c. Completing tick lists based on Development Matters and Birth to 5 Matters.
- 8. True or false: The EYFSP is completed at the end of the foundation stage.**
- 9. True or false: Prescription medicines must only be given if prescribed by a doctor, nurse or pharmacist.**
- 10. True or false: Staff involved in preparing and handling food do not need training in food hygiene.**
- 11. Safeguarding and welfare requirements help providers to**
- a. Know what children need to be taught
 - b. Create high-quality settings
 - c. Keep children safe and well
 - d. Complete final assessments at the end of the reception year.

12. There must be a designated lead practitioner for:

- a. Safeguarding
- b. Behaviour
- c. Administering medicines.

Answers – yellow marks the correct answer(s)

1. Identify from the following statements what you think the EYFS seeks to provide:

- a. Quality and consistency: So that every child makes good progress and no child gets left behind
- b. A tick list of what children can do: So practitioners can keep track
- c. A secure foundation: Through planning for the learning and development of each individual child and assessing and reviewing what they have learned regularly
- d. Partnership working: Between practitioners and with parents and/or carers
- e. Equality of opportunity and anti-discriminatory practice: Ensuring that every child is included and supported
- f. A prescriptive formula for how children should learn: So that every child receives the same curriculum.

2. How many areas of learning and development are there in the EYFS?

- a. Five
- b. Six
- c. Seven.

3. What are the three prime areas of learning?

- a. Communication, language and literacy; personal, social and cultural development; motor skills
- b. Communication and language; personal, social and emotional development; physical development
- c. Mathematics; literacy; understanding the world.

Note: Prime areas are particularly important for building a foundation for igniting children's curiosity and enthusiasm for learning, forming relationships and thriving.

4. What are the four specific areas of learning?

- a. Communication and language; personal, social and emotional development; physical development; cultural development
- b. Literacy; mathematics; physical development; expressive arts and design
- c. Literacy; mathematics; understanding the world; expressive arts and design.

Note: The four specific areas of learning build on the prime areas of learning and development. All areas of learning and development are important and inter-connected, which means that progress in one area usually leads to progress in another.

5. True or false: Early years settings must assess children's learning and development against the Early Learning Goals.

Note: Children are assessed against these at the end of the foundation stage.

6. The end of the foundation stage is

- a. When children have completed their Reception year in school
- b. When children reach their 5th birthday
- c. When a child has met all the early learning goals.

7. What are the EYFS legal requirements for assessment?

- a. Progress check at age two, Reception Baseline Assessment (RBA), Early Years Foundation Stage Profile (EYFSP)
- b. Assessment checks at age 1, age 2, age 3, age 4 and age 5
- c. Completing tick lists based on Development Matters and Birth to 5 Matters.

8. True or false: The EYFSP is completed at the end of the foundation stage.

9. True or false: Prescription medicines must only be given if prescribed by a doctor, nurse or pharmacist.

Note: Prescription medicines must not be administered unless prescribed for a child by a doctor, dentist, nurse or pharmacist. Medicines containing aspirin can only be prescribed by a doctor.

10. True or false: Staff involved in preparing and handling food do not need training in food hygiene.

Note: In group provision any members of staff serving snacks and meals must receive training in food hygiene. NDNA provides [Level 2 Food Safety and Hygiene](#) training for as little as £5. Visit www.ndna.org.uk for more information.

11. Safeguarding and welfare requirements help providers to

- a. Know what children need to be taught
- b. Create high-quality settings
- c. Keep children safe and well
- d. Complete final assessments at the end of the reception year.

12. There must be a designated lead practitioner for:

- a. Safeguarding
- b. Behaviour
- c. Administering medicines.

Note: It is expected that providers would have a designated officer for SEND, which behaviour may fall into, but providers are not legally required to have a set designated person for behaviour.

To learn more, try our Introduction to the EYFS training, available as online training, live virtual classroom or face-to-face training. Take a look at our training and resources via <https://ndna.org.uk/Training>

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National Day Nurseries Association

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