

**Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.**

## Activity: Puddle perfect

**A fun and sensory-rich experience, using the natural resource of rain. This activity is guaranteed to engage the children, tapping into their innate fascination with water. Here in the UK, it's perfect for all seasons!**

### Learning aims

- Environmental awareness
- Properties of water
- Fine and gross motor skills
- Creative expression.

### Resources

- Puddles
- Natural materials such as sticks, leaves
- Powder paint
- Brushes, sponges, or other objects for mark making
- Paper (large piece) or floor surface for painting on
- Camera (optional).



### Activity outline

- Begin by inviting the children to share their ideas about puddles. What are they? Where do they come from? How do they form?
- Go outside to find some puddles. Encourage children to explore the puddles – observe reflections, ripples, sounds, how it feels, smells etc
- Encourage the children to choose their paint and colours, add to the water and say what they see – any patterns developing? Shapes? How does the paint move in the water? If they add more colours, do they mix together to make a different colour?
- Place the paper nearby or point out the surface you've chosen and then encourage the children to use their sticks, brushes, or other objects to mark make the colourful water onto the paper or selected surface
- Observe the changing nature of the puddle as the paint mixes with the water and the water is agitated by the sticks or children's wellies
- If available, take photos of the process to display or make into a book about their ever-changing, beautiful puddle art.

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## Extension ideas

If you don't have access to real puddles outside, use tuff trays or bowls filled with water to replicate puddles.

## NDNA products to support you with this activity

- [Expressive Arts & Design](#) – face to face nursery training