

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.

Activity: Hot chocolate station

Hot chocolate is a warm, comforting drink, perfect after a busy play time or an outdoor walk. Create your own hot chocolate station for children to independently access.

Learning aims

- Develop fine motor skills and hand-eye coordination
- Personal, social and emotional development
- Making independent choices.

Resources

- Hot chocolate mix
- Water / milk
- Jugs
- Cups
- Containers for toppings
- Can of whipped cream
- Range of toppings (marshmallows, sprinkles, chocolate flakes etc.)
- Spoons/tweezers
- Napkins.



Activity outline

- Set up a hot chocolate station in a space that children can access and sit together to enjoy their drink. Include jugs, cups, spoons, tweezers, whipped cream and containers with a range of toppings for children to choose from. You may wish to create labels for your toppings
- You can either prepare the hot chocolate in your kitchen or you can make it together with the children. Ensure the water/milk temperature is suitably warm (not hot) before presenting it to the children
- Pour the hot chocolate into jugs or a large bowl, with a ladle for children to use. Make yourself a drink to demonstrate. Talk to children about quantities of toppings as you add them to your drink (too many and you won't taste the hot chocolate)
- Invite children to make their own drinks
- Sit together and enjoy the hot chocolate treat!



The place to learn, share and grow

Activity

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.

Extension ideas

Create your own self-service station at snack times, to encourage independence, and well-being.