

Activity: Posting and naming

This simple yet engaging activity provides an excellent opportunity for playful learning and bonding with your child. It also helps children learn to recognise and name objects, develop fine motor skills, and make choices.

What you need

- A cardboard box (a shoe box works well)
- A craft knife or scissors (for adult use, to make a posting slot in the box)
- A variety of small, recognizable objects (e.g. a toy car, crayon, spoon, cup).

Activity

- Sit with your child in front of the posting box and place the selected objects in a row
- Show your child how to drop an object through the hole in the box. Start with an object they know well, such as a toy car
- Hold up two objects and ask, “Which one shall we post? The car or the spoon?”. Encourage your child to name the object they choose. If they are unsure or don't use words, guide them gently by naming the items yourself
- If your child points instead of speaking, say the names of the items they are pointing at, “You chose the car! Let's post the car”
- Celebrate each successful post and attempt at naming. For example, say, “Great, you posted the crayon!” or “You picked the spoon!”
- Keep the tone light and fun. The goal is to enjoy time together while learning.



More ideas

- Theme your posting box and ask your child to post the yellow items or the soft items.

Learning opportunities

- This activity helps children link words to objects, enhancing their vocabulary and understanding of language
- Encouraging children to choose which object to post helps them learn to make choices
- Handling and posting the objects helps develop fine motor coordination.

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