

## Activity: Exploring Outside

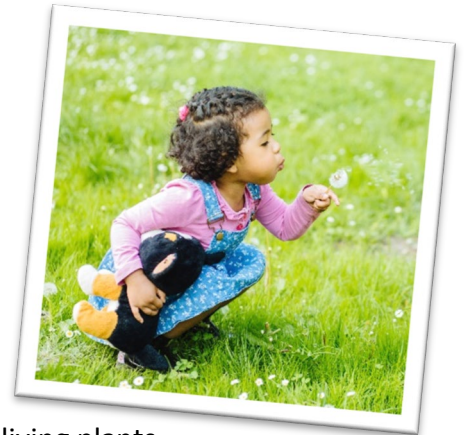
Exploring the natural world with young children is valuable for their development and well-being. It fosters a sense of curiosity and wonder, helping them to learn about their environment through direct experiences.

### What you need

- A small basket or bag
- Glue or double-sided tape
- Card (such as a cereal box) or thick paper.

### Activity outline

- Go for a walk outside with your child and collect natural items like leaves, flowers, and small sticks
- Explain the importance of respecting nature and not picking living plants
- Encourage your child to explore and share in their fascination of nature
- Comment on the different shapes, colours and textures of the items they find
- At home, help your child arrange and glue the items onto the card to create a collage.



### More ideas

- Make some binoculars with some rolled up paper and decorate them ready for your next adventure together. Find out how from BBC Tiny Happy People:  
<https://www.bbc.co.uk/tiny-happy-people>



### Learning opportunities

- Developing language to describe including vocabulary of shape, colour and texture
- Foster love and respect for the outdoors and how to care for it.