

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.

Sensory Christmas jumpers

Turn old jumpers into your very own festive Christmas jumpers. Using a variety of festive materials to creatively make a jumper that's one of a kind - perfect for spreading Christmas cheer.

Learning aims

- Be creative and imaginative
- Use descriptive language
- Explore using all the senses
- Build confidence and pride in own achievements
- Awareness of world festivals and celebrations.

Resources

- Old jumpers - children can bring in an old one from home
- A range of festival sensory items for children to decorate their jumper with. For example: tinsel, baubles, eco-glitter, shiny objects such as foil and wrapping paper, cotton wool, pieces of material, ribbon
- Fabric glue for attaching the items to their jumpers.

Activity outline

- Talk to the children about Christmas jumpers and what makes them special. Let them know that they are going to create their own Christmas jumpers which will be their design and unique to them
- Show the children the variety of resources which are available for sticking to the jumper and talk to them about the items noting the different qualities of the items soft, furry, sparkly, shiny etc.
- Ask the children to think about what they would like their jumper to look like and to choose the items they wish to use. Encourage them to arrange materials onto their jumper before sticking on
- Support children to attach each item to their jumper– encourage them to be as creative and imaginative as they like (take care not to stick the jumper together)
- Once all the jumpers are finished and dry, invite the children to show their creations to the group and celebrate their efforts and creativity.

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Extension ideas

- Organize a “Christmas jumper parade” for the children to model their designs
- Take a group photo for your setting and individual ones to send home as a festive keepsake.