

**Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.**

## Activity: Dots of fun on International Dot Day

Celebrate children's creativity and uniqueness on International Dot Day, a day which emphasises the power of making your mark.

### Learning aims

- Encourage creativity and self-expression
- Fine and gross motor skills
- Shape recognition – concept of dots as shapes.

### Resources

- Paper or fabric (could be small pieces for individual children or one large piece for a group project)
- Paint, markers, crayons etc
- Paint brushes, sticks, cotton buds etc.
- Circle shaped stamps – made from sponges, potatoes etc
- Natural items such as leaves, pinecones
- Playdough or clay
- A copy of The Dot by Peter H. Reynolds (optional).



### Activity outline

1. Explain International Dot Day to the children as an opportunity to celebrate everybody's creativity and inner artist. Even a simple dot on a page, made by you, with the resources you choose will be different from anyone else's dot. The dot you create will be as unique and special as you
2. If available, read The Dot by Peter H. Reynolds, which inspired Dot Day
3. Provide a wide variety of resources for children to make a dot, multiple dots, or a collage of dots (see resource section above for some ideas). Children may have their own ideas about what they'd like to use
4. Let the children create their own pieces of art – remember one unique dot is enough
5. Create an art gallery to display the finished work for everyone to see and enjoy.

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### **Extension ideas:**

- Go on a nature walk and ask the children to find dot shapes in nature. Take photos and make a dotty nature book
- Learn and sing [The Dot](#) song together (by Emily Arrow and Peter H. Reynolds)

### **NDNA products to support you with this activity:**

- Face to face training – [Expressive Arts and Design](#)