

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.

Activity: Wimbledon

This Wimbledon-themed activity will help children to model positive attitudes about the differences between people, be able to talk about similarities and differences and increase their knowledge and awareness of people with disabilities.

Learning aims

- To increase knowledge, awareness and acceptance of people with disabilities
- Talk about similarities and differences
- Model positive attitudes about the differences between people
- Recognise and accept each other as individuals.



Resources

- Balls – in a range of different sizes
- Tennis racquet
- Bats
- Images of Wimbledon tennis courts.

Activity outline

- Introduce the concept of Wimbledon using images. Ask the children about their experiences with tennis, do they play? Have they watched it on TV? Look at the equipment used to play the game
- Show the children a tennis racquet and a tennis ball, let them explore the equipment. Talk about the size of the tennis ball and compare this to a larger sized ball, e.g. a football. Ask, “Which ball would be the easiest to catch?”
- Try out the children's ideas by throwing and catching tennis balls and footballs. Share tips on how to successfully catch a ball, e.g. keep your eyes on the ball, hold your hands out ready
- Have a range of balls for children to experiment throwing and catching

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- Introduce the bats and ask children to try and hit the balls. Ask, "Which is easiest to hit?", "Which ball travels the furthest?"
- Mark out a tennis court using tape, create a net at the halfway point using large blocks or crates. Invite interested children to try to hit the balls over the net to a partner.

Extension ideas:

- Keep the tennis court in place, alongside a range of racquets/bats and a large basket of balls for children to practice with
- Test out children's theories about distance travelled by different sized balls using a range of non-standard measures, such as sticks or a length of string.

NDNA products to support you with this activity:

- Online course - [Physical Activity in the Early Years](#)