



National Day Nurseries Association

★Brighter thinking  
for early years

# Quiz



## Health and Safety



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## NDNA Quiz: Health and safety in the early years

- 1. Which piece of legislation should everyone in an early years setting be aware of?**
  - a. Occupational safety and health act
  - b. Health and safety at work act 1974
  - c. EU Health and Safety Directive 87 391.
  
- 2. The law states that you must write your health and safety policies down if you have more than how many employees?**
  - a. 10
  - b. Five
  - c. One.
  
- 3. In addition to the Health and safety at work act, which other pieces of legislation do you need to consider when writing your policies and completing your training of staff? Select all that apply.**
  - a. Controls of substances hazardous to health regulations 2002 (COSHH)
  - b. Fire precaution (workplace) regulation The regulation reform (Fire safety) Order 2005
  - c. Health and safety (first aid) regulations 1981
  - d. Reporting of injuries, diseases and dangerous occurrences regulation 2013 (RIDDOR).
  
- 4. What does PPE stand for?**
  - a. Prevention of perilous events
  - b. Personal protective equipment
  - c. Politics, philosophy and economics.
  
- 5. There are three main causes of accidents, known as factors. Choose the correct group of three factors.**
  - a. Climate, population and economic factors
  - b. Environmental, human and occupational factors
  - c. Intelligence, physicality and age factors.

**6. Which of the below is an environmental factor that can cause an accident?**

- a. Behaviour and individual ability
- b. Physical space which we work in
- c. A task specific to the job.

**7. Can you identify the four most common causes of accidents with babies and young children within a nursery? Select the four answers you think are correct.**

- a. Burns
- b. Animals
- c. Vehicle/traffic
- d. Doors/drawers closing
- e. Slip, trip or fall
- f. Choking
- g. Poisoning.

**8. True or false: Students and pregnant staff should not carry children.**

- a. False
- b. True.

**9. The Royal society for prevention of accidents (RoSPA) estimates there are around 40,000 injuries to children in playgrounds each year. Which piece of equipment causes the most accidents?**

- a. See-saw
- b. Slide
- c. Roundabout
- d. Swings.

**10. There are six key stressors which have been identified to cause work-related stress. From the list below, select all that you think are key stressors.**

- a. Relationships within the workplace
- b. The support received from managers and colleagues
- c. The demands of the job
- d. Change and how it is managed
- e. The role of the individual in the organisation
- f. The control someone has over their work.

## Answers – yellow marks the correct answer (s)

**1. Which piece of legislation should everyone in an early years setting be aware of?**

- a. Occupational safety and health act
- b. Health and safety at work act 1974
- c. EU Health and Safety Directive 87 391.

**Note:** The Health and Safety at work act 1974 requires everyone working in an early years setting, employers and employees, to take responsibilities to keep themselves and others in the premises safe from harm or risk of danger.

**2. The law states that you must write your health and safety policies down if you have more than how many employees?**

- a. 10
- b. Five
- c. One.

**3. In addition to the Health and safety at work act, which other pieces of legislation do you need to consider when writing your policies and completing your training of staff? Tick all that apply.**

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**6. Which of the below is an environmental factor that can cause an accident?**

- a. Behaviour and individual ability
- b. Physical space which we work in
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**Note:** Behaviour and individual ability are human factors. A task specific to the job is an occupational factor.

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**Note:** <https://www.rospa.com/play-safety/advice/playground-accidents> Swings 40%, slides 21%, roundabouts 5%, see-saws 4%

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**To learn more, try our online course Health and safety for early years practitioners via <https://ndna.org.uk/product/health-and-safety-for-early-years-practitioners/>**

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