



National Day Nurseries Association

***Brighter thinking
for early years**

NDNA quiz: Early Years Foundation Stage (EYFS)

How well do you and your staff know the EYFS? Test your knowledge with our quick quiz!

1. Which of the following is one of the four guiding principles of the EYFS?

- a. Enabling environment with teaching and support from adults
- b. Characteristics of effective teaching and learning
- c. Equality and diversity.

2. Which of the following is a prime area of learning in the EYFS?

- a. Mathematics
- b. Physical development
- c. Understanding the world.

3. How many area of learning are there in the EYFS?

- a. Five
- b. Six
- c. Seven.

4. Which of the following is a specific area of learning in the EYFS?

- a. Communication and language
- b. Personal, social and emotional development
- c. Mathematics.

5. How many early learning goals are there in the EYFS?

- a. 15
- b. 16
- c. 17.

6. Which of the following is the correct aspect for physical development?

- a. Gross motor skills
- b. Moving and handling
- c. Health and self-care.

7. True or false? All staff involved in preparing and handling food must receive training in food hygiene.

- a. True
- b. False.

8. True or false? The EYFS tells you which specific teaching approaches to use.

- a. True
- b. False.

9. Which specific area of learning does this statement correspond with?

“Listening to a broad selection of stories, non-fiction, rhymes and poems will foster their understanding of our culturally, socially, technologically and ecologically diverse world.”

- a. Literacy
- b. Mathematics
- c. Understanding the world.

10. If a child demonstrates being confident to try new activities and showing independence, resilience and perseverance in the face of challenge, which aspect is being observed?

- a. Managing self
- b. Building relationships
- c. Self-regulation.

Answers – yellow marks the correct answer(s)

1. Which of the following is one of the four guiding principles of the EYFS?

- a. Enabling environment with teaching and support from adults
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2. Which of the following is a prime area of learning in the EYFS?

- a. Mathematics
- b. Physical development
- c. Understanding the world.

Note: Prime areas are particularly important for building a foundation for igniting children's curiosity and enthusiasm for learning, forming relationships and thriving. Can you name all three?

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6. Which of the following is the correct aspect for physical development?

- a. Gross motor skills
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- c. Health and self-care.

Note: The other aspect is fine motor skills.

7. True or false? All staff involved in preparing and handling food must receive training in food hygiene.

- a. True
- b. False.

Note: NDNA provides [Level 2 Food Safety and Hygiene](https://www.ndna.org.uk) training for as little as £5. Visit www.ndna.org.uk for more information.

8. True or false? The EYFS tells you which specific teaching approaches to use.

- a. True
- b. False.

Note: The framework does not prescribe a particular teaching approach. “Practitioners need to decide what they want children in their setting to learn, and the most effective ways to teach it.”

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To learn more, try our Live Virtual Classroom training, Introduction to the EYFS, via <https://ndna.org.uk/product-category/live-virtual-classroom/>

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