



National Day Nurseries Association

**★Brighter thinking
for early years**

Quiz

A close-up photograph of a young child with dark, curly hair, smiling broadly. The child is wearing a light green, long-sleeved shirt. The background is softly blurred, showing what appears to be a nursery or playroom setting with a window and some furniture. The bottom portion of the image is overlaid with a dark blue circular graphic.

Brilliant Babies



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NDNA quiz: Brilliant babies

1. True or false: At birth, babies will have all, or most, of the brain cells they will ever have.

- a. True
- b. False.

2. How can babies be supported to develop an understanding of their emotions?

Select all that apply

- a. Observe babies' emotional responses
- b. Make babies' needs fit into the existing daily routine
- c. Create a cosy, quiet place for babies to be calm
- d. Create spaces and experiences in which babies feel secure enough to explore and play
- e. Communicate with parents and carers daily to ensure continuity of care between home and setting.

3. Which theory did psychologist John Bowlby identify as being important for babies?

- a. Love
- b. Attachment
- c. Connection
- d. Belonging.

4. Which of the following can help to engage babies in non-verbal interactions?

Select all that apply

- a. Gaze out of the window
- b. Make eye contact
- c. Smile
- d. Interrupt
- e. Mirror babies' actions.

5. Which of the following questions will best support you to develop effective communication with parents new to the setting?

- a. Do you have a mobile phone and computer?
- b. Can you read my handwriting?
- c. What is the best way for us to share information about your child?

6. Which is recognised as the most intensive period for acquiring speech and language skills?

- a. The first year
- b. The first two years
- c. The first three years.

7. True or false: Care routines do not provide opportunities for learning and development with babies

- a. True
- b. False.

8. Sharing stories, songs and rhymes help babies to develop which skills?

Select all that apply

- a. Listening and attention
- b. Understanding
- c. Creating with materials.

9. Select the best word to complete this sentence:

"The objects of a treasure basket should appeal to a child's _____."

- a. Smell
- b. Senses
- c. Touch.

10. Which of the following can have an effect on a baby's development?

- a. Physical health and well-being
- b. Experiences
- c. Emotional health and well-being
- d. All of the above.

Answers – yellow marks the correct answer(s)

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To learn more, try our Live Virtual Classroom training on Brilliant Babies via <https://ndna.org.uk/early-years-online-training/>

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