

**Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.**

## Top tips: British Values

**There are four fundamental British Values that early years providers must support and develop across their practice to meet the statutory requirements in the Prevent Duty guidance: democracy, rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.**

Our top tips help practitioners to identify opportunities for supporting all four British Values.

### Democracy:

- Accessible resources, enabling children to make own choices about what to play with, who they want to play with and where to play
- Selecting food choices during meals and snack times or choosing whether to take a nap, when to take a nap and how long they sleep
- Activities that enable children to listen to other views, thoughts and ideas, supporting turn taking and working successfully in different sized groups
- Voting on a range of topics, e.g. route for a daily walk, story book to read or a circle time game to play
- For nonverbal children: Create photos of the options/objects that they can point to or touch to show their individual choice. For babies show them their choices and observe their gestures and reactions
- Create simple questionnaires for children to gather their views.



### Rule of law:

- Creating and agreeing the setting's rules together with children
- Reviewing rules regularly to check they are still relevant and working in practice
- Emotion boards/activities and experiences so children can talk about their feelings and emotions
- Supporting children with conflict resolution and building resilience
- Exploring cause and effect, looking at the impact of actions on others.

### Individual liberty:

- Expressing their views freely (verbal or non-verbal and in whichever language they are comfortable with or proficient in)
- Following their own interests, making their own choices and becoming independent
- Opportunities to be curious and explore
- Being treated with kindness and consideration

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- Celebrating similarities and differences
- Being supported to take, identify, and manage risks in their play
- Being supported to identify and discuss their feelings.

**Mutual respect and tolerance of different faiths and beliefs:**

- Celebrating all families' cultures, languages, festivals, celebrations and special days
- Valuing and respecting differences in culture, religion, beliefs and individual preferences
- Interactions with the wider community
- Sharing stories in the languages children and families use (recorded stories, dual language books, parents coming in to tell stories in their home language). Stories and books that reflect a diverse range of characters and families
- Supporting sharing and cooperation
- Embedding a gender-neutral approach to play activities
- Adults who challenge stereotypes.

**NDNA products to support you with these tips**

- [Factsheet - British Values in Practice](#)
- [Online training - Prevent Duty and Fundamental British Values](#)

**And more resources at [www.ndna.org.uk/hub/myndna](http://www.ndna.org.uk/hub/myndna)**