

## Childcare Works case study: Cylch Meithrin Penderyn

**NDNA Cymru's Childcare Works West Wales & the Valleys 25+ project is a supported employment programme funded by European Social Fund, supported by European Social Fund through Welsh Government and managed by WCVA. It follows the previous successful Childcare Works projects funded by Welsh Government.**

The programme supports unemployed individuals aged 25+ with a desire to pursue a career working within the childcare sector, as well as supporting childcare settings with recruitment and retention. Participants are employed by NDNA as Trainee Nursery Assistants for 16 weeks whilst on the project and are paid to work 16 hours a week. Trainees undergo 4 weeks of training at the start of the programme to gain underpinning childcare knowledge, followed by 12 weeks placement within a childcare setting.

I have completed my 4-week training, covering Paediatric First Aid, Safeguarding Children, Equality and Diversity; Health and Safety and many more. I am now ready for my 12 weeks placement at Cylch Meithrin Penderyn in Aberdare.

As I am placed at the Meithrin, Sadie (NDNA's Childcare Works Project Coordinator) gave me the flyer and information on the Camau course and said that this would be helpful if I embarked on further training to help me speak Welsh with the children in the setting.

I studied Welsh at GCSE level, but haven't had the opportunity to use it since leaving school. My daughter is learning Welsh, and I was supporting her with colours, weather and how to respond if someone ask her 'what is your name'.

I've always enjoyed learning Welsh, so I registered onto the online course, which was easy and started Mynediad 1.

The first 10 modules were all the basics, which I already understood from my GCSE Welsh. It covered, how to ask 'who are you' where do you like' and how to answer these correctly, also colours, numbers, shapes and the weather.

I really enjoyed the course and then moved onto Mynediad 2.

The next 10 modules were more beneficial to me. I wanted to do an activity of an edible messy beach tray and there was a beach based module, which has supported me with the language and wording for sandcastle, shells, crabs, spades, buckets, this is a great help.

Within the course, there are downloadable resources / leaflets to support you embed the Welsh language into everyday practice.

Fy enw i yw Naomi, ac rwy'n cael fy nghyflogi gan National Day Nurseries Association (NDNA) fel Cynorthwydd Meithrinfa dan Hyfforddiant fel rhan o brosiect NDNA Cymru Gofal Plant ar Waith.

Mae prosiect NDNA Cymru Gofal Plant ar Waith Gorllewin Cymru a'r Cymoedd 25+ yn rhaglen cefnogi cyflogaeth a ariennir gan Gronfa Gymdeithasol Ewropeaidd drwy Lywodraeth Cymru ac yn cael ei rheoli gan y CGGC. Mae'n olynu prosiect Gofal Plant ar Waith llwyddiannus, ariennir gan Lywodraeth Cymru.

Mae'r rhaglen yn cefnogi unigolion di-waith dros 25 mlwydd oed sydd ag awydd i ddilyn gyrfa yn gweithio yn y sector gofal plant, yn ogystal â chefnogi lleoliadau gofal plant gyda recriwtio a chadw. Mae'r rhai sy'n cymryd rhan yn cael eu cyflogi gan NDNA fel Cynorthwywyr Meithrin dan Hyfforddiant am 16 wythnos tra ar y prosiect ac yn cael eu talu i weithio 16 awr yr wythnos. Mae hyfforddeion yn cael 4 wythnos o hyfforddiant ar ddechrau'r rhaglen i gael gwybodaeth sylfaenol am ofal plant, ac yna 12 wythnos o leoliad mewn lleoliad gofal plant.

Rwyf wedi cwblhau fy hyfforddiant 4 wythnos, yn cwmpasu Cymorth Cyntaf Pediatrig, Diogelu Plant, Cydraddoldeb ac Amrywiaeth; Iechyd a Diogelwch a llawer mwy. Rwyf nawr yn barod ar gyfer fy lleoliad 12 wythnos yng Nghylch Meithrin Penderyn yn Aberdâr.

Gan fy mod wedi fy lleoli yn y Meithrin, rhoddodd Sadie (Cydllynydd Prosiect Gofal Plant ar Waith yr NDNA) y daflen a'r wybodaeth i mi am y cwrs Camau a dywedodd y byddai hyn o gymorth pe bawn yn cychwyn ar hyfforddiant pellach i fy helpu i siarad Cymraeg gyda'r plant yn y lleoliad.

Astudiais y Gymraeg hyd at lefel TGAU, ond nid wyf wedi cael y cyfle i'w ddefnyddio ers gadael yr ysgol. Mae fy merch yn dysgu Cymraeg, ac roeddwn yn ei chefnogi gyda lliwiau, tywydd a sut i ymateb pe bai rhywun yn gofyn iddi 'beth yw dy enw'.

Rydw i wastad wedi mwynhau dysgu Cymraeg, felly cofrestrais ar y cwrs ar-lein, a oedd yn hawdd a chychwynnais ar Mynediad 1.

Roedd y 10 modiwl cyntaf i gyd am yr iaith sylfaenol, roeddwn eisoes yn ddeall o fy TGAU Cymraeg. Roedd yn delio gyda sut i ofyn 'pwyt wyt ti' ble wyt ti'n hoffi' a sut i ateb y rhain yn gywir, hefyd lliwiau, rhifau, siapiau a'r tywydd.

Mwynheais y cwrs yn fawr ac yna symudais i Mynediad 2.

Roedd y 10 modiwl nesaf yn fwy defnyddiol i mi. Roeddwn i eisiau gwneud gweithgaredd o chwarae anniben, drwy greu hambwrdd traeth bwytadwy. Roedd un modiwl ar y traeth, sydd wedi fy

nghefnogi gyda'r iaith a'r geiriau ar gyfer cestyll tywod, cregyn, crancod, rhawiau, bwcedi, mae hyn yn help mawr.

O fewn y cwrs, mae adnoddau / taflenni y gellir eu llwytho i lawr i'ch cefnogi i wreiddio'r Gymraeg mewn ymarfer bob dyd

## Further support

Email: [childcareworks@ndna.org.uk](mailto:childcareworks@ndna.org.uk)

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Funded by Welsh government