

**Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.**

## Top tips: Supporting parents with internet safety

**Developing effective strategies to support parents with their personal online safety helps the whole family to build and maintain a safe online environment.**

- Ask parents about their confidence with online safety during induction, not all parents will be knowledgeable about how to keep themselves and their family safe
- Create a parent 'online safety' display and share information on basic safety strategies, for example the [NSPCC Parent guide to online safety](#)
- Encourage parents to stay informed about the latest online apps, so they are proactive in addressing potential risks
- Take part in online safety campaigns and involve children and families
- Offer live demonstrations for how to choose and set parental control, filters, privacy settings and passwords to prevent unauthorised access, this could be done during open evenings, stay and plays etc.
- Encourage parents to update their software regularly to ensure they have the most up-to-date security
- Talk to parents about the screen time their children have access to and how they monitor that usage. Share the latest research around babies and young children's access to screen times
- Create a quiz for parents about age requirements for a range of popular apps and platforms (you can check what these are on the Net Aware website)
- Encourage parents to talk to their child about online safety, as they do in other areas of their child's life, so they know what to look out for and when to alert an adult to any inappropriate behaviour.



### NDNA products to support you with these tips

- FREE online course: [Online Safety in Early Years](#)

**And more resources at [www.ndna.org.uk/hub/myndna](http://www.ndna.org.uk/hub/myndna)**