

**Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.**

## Top tips: Remembrance Day

**Teaching young children about Remembrance Day is an opportunity to emphasise values like peace, empathy and gratitude.**

As a day to honour and remember all those who lost their lives during past and present wars, it's important to discuss this topic in a sensitive and age-appropriate manner.

Here are some tips to help you do this:

- **Keep it simple:** Use language and ideas that children can understand. Be mindful of any refugee children in your setting, any possible connections to current or recent wars and children with family members in the armed forces
- **Parental involvement:** Communicate with parents that you will be/have been discussing Remembrance Day and its significance. Make suggestions for age-appropriate conversations at home. Check with parents if they want their child to be involved in discussions, particularly if they have experienced trauma or bereavement
- **Stories and books:** Use age-appropriate books and stories about war and the importance of remembering those who lost their lives e.g. *Where the poppies grow* by Hilary Robinson and Martin Impey
- **Visuals:** Use pictures, images and/or videos to help create a visual connection and understanding
- **Activities:** Make some simple paper poppies, visit a war memorial if there is one nearby (this may be best after Remembrance Sunday so they can see and talk about the wreaths)
- **Experience:** Find out if the children have experienced a local remembrance parade, such as with older siblings in scout or guiding groups
- **Visitor:** Invite a veteran or a family member who has experience of war to share an aspect of their experience (using age-appropriate language). Visitors could bring in photographs or medals for children to see or feel. This can make the concept easier to relate to and less abstract.
- **Blog post** – [click here](#)



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## NDNA products to support you with these tips

- [Personal, Social and Emotional Development – online course](#)
- [Emotional well-being – online course](#)

And more resources at [www.ndna.org.uk/hub/myndna](http://www.ndna.org.uk/hub/myndna)