

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.

Activity: Positive behaviour pact

This week's activity explores how you can create a positive behaviour pact with children.

Having clear expectations and rules which children know, understand and can follow provides consistency, helping them to behave in positive ways.

Learning aims

- Consider ways to keep themselves safe
- Consider how to be kind to others
- Participate in cooperative routines
- Begin to understand behavioural expectations.

Resources

- Large sheet of paper or lining paper
- Pens
- Card
- Access to a computer.



Activity outline

1. Explain to children that they are going to create a positive behaviour pact, which is a list of things that everyone in nursery agrees to do (including adults) to help keep everyone safe and happy
2. Encourage children to think about and discuss what they do now to help themselves and their friends to stay safe and feel good. Support children by giving examples such as using manners, walking indoors, helping someone who is hurt, etc
3. Invite children to record their thoughts on the pact paper - this could be marks, words or drawings. As you discuss ideas with children annotate these with what they say in their words
4. Next, ask children to think about if there is anything that happens in nursery that makes them feel unsafe or worried. If there is, explore this with children and discuss what could be done to make this safe and positive. For example, children might not feel safe playing on the floor with construction materials as they fear their fingers may get stood on, so you could discuss how perhaps taking shoes off before entering the construction area might be a good idea to help everyone feel happy and safe. Record any new ideas on the pact paper

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5. Once children are happy with their positive behaviour pact, type it out in list form (adding images alongside where possible) and attach it to card, sharing this with the children and making this visible around the rooms. Write the pact in a positive way so that children and adults clearly understand what is expected of them with regards to behaviour. For example, using 'walk indoors' rather than 'do not run' helps everyone to understand what they should do
6. Encourage children and adults to reinforce the pact, gently reminding people if they are not following it
7. Revisit the positive behaviour pact regularly to consider if it is still working or if anything needs removing or adding.

Extension ideas

- Use the pact paper to create a display for parents and visitors showing how the pact was created
- Share the positive behaviour pact with parents so their children can help to reinforce appropriate things at home or perhaps hold a positive behaviour pact launch event or workshop for parents.

NDNA products to support you with this activity

- [EYFS: Personal Social and Emotional Development](#) – live virtual classroom training
- [Positive Behaviour in Early Years](#) – live virtual classroom training.