

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision.
Resources and materials must always be appropriate for children's age and stage of development.

Activity: New starters – my favourite things book

Learning aims

- Express things they like
- Share interests with others
- Identify similarities and differences between themselves and others
- Talk about their feelings.

Resources

- Photographs, postcards etc.
- Paper and glue
- Hole punch and ribbon
- Disposable camera (if needed).



Activity outline

1. Prior to the child starting at your setting, ask parents to take some photos of their child's favourite things (this could include their favourite pet, people, place, toy, activity, food etc.). For parents who may not have a camera facility on their phone, provide disposable cameras
2. Take some photographs of some of your own favourite things so the child can get to know all about what you like
3. Ask the child to share their photographs with you so you can learn all about their favourite things. Share some of your own photos so the child can get to know all about you too
4. Offer the child the option of using the photographs to make their own special book about their favourite things (some children may not want to use their photographs so encourage them to draw pictures instead, add a written description of what their favourite things are)

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5. Glue the photos onto thin card, hole punch the pages and use ribbon to thread them all together securely to create a book. Add a blank 'front cover' and invite children to decorate the page and add their name, if appropriate
6. During circle times invite children to share their favourite things books so they can learn about each other. Highlight the similarities and talk about any differences
7. Store the books in your book area so children can share them as often as they wish.

Extension ideas

- Babies – create a family book for babies, using photos from home and find time to share them together
- Provide the resources to create books and encourage children to make other books about any interests they may have.

NDNA products to support you with this activity

- DZ – [Transitions: Supporting children through change](#)
- Factsheet – [Supporting transitions](#)
- Publication – [Children's well-being.](#)