

Disclaimer: Activities with children must always be risk assessed, including for allergies or choking. Children must always have adequate supervision. Resources and materials must always be appropriate for children's age and stage of development.

Keeping resources hygienic

Keeping your resources clean is essential for providing a healthy environment for children and preventing the spread of germs and infections.

Be a great role model for hygienic practices and follow our top tips below.

1. Create cleaning schedules for each resource to ensure a deep clean at regular intervals
2. Ensure carpets and rugs are steam cleaned regularly
3. Plan to regularly sanitise any sand areas, mud kitchens or water butts
4. Wipe down surfaces and resources after use or immediately after spills
5. Clean toilet areas regularly, ensuring you wipe down door handles, flushes and taps
6. Empty bins regularly and wipe down bin lids
7. Teach children good hygiene routines for wiping noses and washing hands
8. Ensure children are supported to wash their hands before and after meal times and after messy play activities
9. Encourage children to wash their hands after playing in the outdoor area
10. Encourage children to take part in cleaning routines, e.g. sweeping up spilt sand.



Health and safety: Ensure cleaning products are kept securely and out of reach of children.

Find more resources at www.ndna.org.uk/hub/myndna