

## Effective teaching in early years

**'Teaching' is a word that early years practitioners often don't associate with their role, as they haven't undertaken any formal teaching qualifications. However, early years practitioners are teachers, they teach children every single day.**

Teaching includes the many different ways in which adults, consciously or otherwise, help children to learn.

Here are our top tips to becoming an effective teacher in early years:

- Think about your best teacher at school. What did they do that helped you to do well? How did that teacher make you feel? Can you replicate some of the characteristics of that teacher?
- Have a full and robust understanding of how children learn
- Have an in-depth knowledge of the typical developmental milestones for the age of children you work with
- When making decisions on how to teach, consider the child's age and stage of development and your understanding of their interests and fascinations
- Facilitate exploration and investigation. If we can teach children to be confident explorers and investigators, they will develop skills for life-long learning
- Allow children to problem-solve without rushing in too early and solving the problem for them.
- Help children learn through trial and error, exploring the different results of their actions and reflecting on and remembering what they did so they can apply their learning in the future.



### Find out more

Contact our training team for more information on effective teaching in early years on 01484 407070 or email [training@ndna.org.uk](mailto:training@ndna.org.uk)