



National Day Nurseries Association

**★Brighter thinking
for early years**

Quiz



Promoting Positive Behaviour



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NDNA quiz: Promoting positive behaviour

1. There are ten key emotional needs that all human beings have. Which of these below are included?

- Acceptance, encouragement, respect
- Happiness, freedom, power
- Sadness, loneliness, strength.

2. While children play and learn, they exhibit patterns of behaviour known as...

- Goals
- Behaviours
- Schemas

3. Which three actions would you associate with positive behaviour?

- Arriving on time, washing the cups after snack, smiling all day
- Being boisterous, relying on others, playing outside
- Helping and comforting each other, complying with adult requests, being polite.

4. True or false: Environments influence a child's behaviour

- True
- False.

5. Which kind of environment promotes positive behaviour?

- One that is bright and colourful with lots of children's work displayed
- One with a large open space with lots of open resources to share
- One that responds to children's needs and supports effective adult and child interactions.

6. Understanding appropriate behaviour is dependent upon...

- The adult, the environment in which the child lives and the child's age
- Physical maturity, developmental stage and the abilities of the child
- How many resources are available, the environment and parents' upbringing.

7. Is empathy developed naturally or is it learnt?

- Children naturally show empathy from the age of five
- Children learn empathy from adults.

8. True or false: It is important to NOT interfere with how parents manage their own children's behaviour at home

- True
- False.

9. Which of the following statements does not constitute empathy?

- Putting yourself in the shoes of another, understanding how they feel
- Feeling sorrow or pity for someone's troubles.

10. If behaviour strategies aren't working, what should you do?

- Liaise with parents to consider making a referral to appropriate professionals
- Ask to be moved to another room
- Try and ignore the behaviour and hope it will stop soon.

Answers – yellow marks the correct answer (s)

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- **False.**

Note: It is important that childcare settings and parents work together in partnership and share strategies so there are consistencies between home and the setting.

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To learn more visit <https://ndna.org.uk/product/positive-behaviour-in-early-years-live-virtual-classroom-3/>

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