



National Day Nurseries Association

**★Brighter thinking  
for early years**

# Quiz

A close-up photograph of a young child with dark, curly hair, smiling broadly. The child is wearing a light blue, long-sleeved shirt. The background is softly blurred, showing what appears to be a nursery or playroom setting with a window and some furniture. The bottom portion of the image is overlaid with a dark blue circular graphic.

**Brilliant Babies**



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## **NDNA quiz: Brilliant babies**

### **1. True or false: At birth, babies will have all, or most, of the brain cells they will ever have?**

- True
- False.

### **2. How can babies be supported to develop an understanding of their emotions?**

- Observe babies' emotional responses
- Make babies' needs fit into the existing daily routine
- Create a cosy, quiet place for babies to be calm
- Create spaces and experiences in which babies feel secure enough to explore and play
- Communicate with parents and carers daily to ensure continuity of care between home and setting.

### **3. Psychologist John Bowlby (1907-1990) is best known for his work on which theory, which he identified as being extremely important for babies?**

- Love
- Attachment
- Connection
- Belonging.

### **4. Which of the following can help to engage babies in non-verbal interaction?**

- Gaze out of the window
- Make eye contact
- Smile
- Interrupt
- Mirror babies' actions.

### **5. Which of the following is a good question to ask new parents to support and develop communication with them?**

- Do you have a mobile phone and computer?
- Can you read my handwriting?
- What is the best way for us to share information about your child?

**6. Which is recognised as the most intensive period for acquiring speech and language skills?**

- The first year
- The first two years
- The first three years.

**7. True or false: Care routines do not provide opportunities for learning and development with babies?**

- True
- False.

**8. Sharing stories, songs and rhymes help babies to develop which skills?**

- Listening and attention
- Understanding
- Creating with materials.

**9. Select the correct word to complete this sentence:**

**"The objects of a treasure basket should appeal to a child's \_\_\_\_\_."**

- Smell
- Senses
- Touch.

**10. Which of the following can have an effect on a baby's development?**

- Physical health and well-being
- Experiences
- Emotional health and well-being
- All of the above.

## Answers – yellow marks the correct answer (s)

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To learn more, try our Live Virtual Classroom training on Brilliant Babies via <https://ndna.org.uk/hub/training-resources/>

*The contents of this work are exclusively the property of National Day Nurseries Association (NDNA). We strive to ensure that this content is accurate and up-to-date, but information can change over time, so this document should not be used as a substitute for personalised advice from a qualified professional. We hope that you will continue to use this quiz as a useful tool and would welcome any feedback. If you have any queries or concerns about the quiz please do not hesitate to contact us.*

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