



# Transition and Partnership Working Toolkit - Visual Timetables

# Wales

# Transition and Partnership Working Toolkit - Visual Timetables

Visual timetables help to support children to learn and feel secure in routines. In particular, where children may have difficulties processing information verbally and where children experience anxiety, visual timetables can be a great tool to use. There are lots of possibilities when using visual cues and timetables. The pictures can be cut out and placed on a Velcro strip so that children can remove them and hold them in their hands, moving around the routine with them. Practitioners can also take them off the strip once each aspect of the day is completed. The photos can also be put onto a lanyard and worn around practitioners' and teachers' necks to provide a quick and handy aid to support children moving through the routine of the day. For help videos on using visual timetables and cues see: <https://bit.ly/3FBESln>

When creating visual timetables, it is important to remember that every child is different. For some children, cartoon images may be helpful, whilst for others, actual images of the activity in their own setting/school will be needed. Use your own knowledge of children to decide which images are more appropriate and to decide how you will use this as a supportive tool.

Use our pictures to create your own visual timetable or take photos in your own setting. Talk to schools about their routines and ask them to provide photographs of the different aspects of the school day. These timetables can then be shared with children as part of the ongoing discussions about school.

Storytime



Phonics



Snack



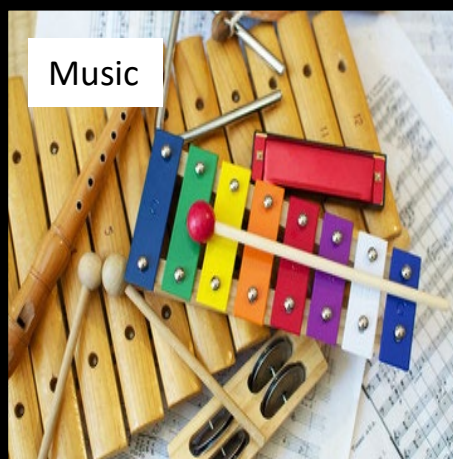
Tidy up time



Lunchtime



Music



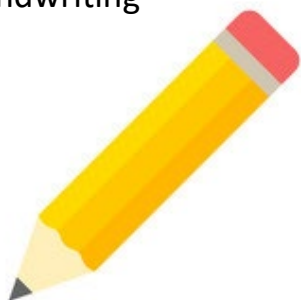
Outdoor play



Numeracy



Handwriting



Home time



Free choice



Craft/making



Create your own visual



Create your own visual



Create your own visual



Create your own visual



Create your own visual



Create your own visual





National Day Nurseries Association

★Brighter thinking  
for early years

# Factsheet

Our factsheets are written by early years experts for the early years workforce. Most NDNA factsheets are free to our members.

NDNA is the national charity and membership association representing children's nurseries across the UK. We are a charity that believes in quality and sustainability, so we put our members' businesses at the very heart of ours.

We are the voice of the 21,000-strong nursery sector, an integral part of the lives of more than a million young children and their families. We provide information, training and advice to support nurseries and the 250,000 people who work in them to deliver world-class early learning and childcare.

See the full range of NDNA factsheets at [www.ndna.org.uk/factsheets](http://www.ndna.org.uk/factsheets)

*The information provided in this factsheet is for use by early years practitioners only. It has been written by early years experts but is not intended to be, and should not be relied upon, as a substitute for professional advice. NDNA has endeavoured to ensure the accuracy of the information presented in this factsheet. NDNA assumes no legal liability or responsibility for your interpretation or use of the information contained within it.*

## National Day Nurseries Association

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# Pecyn Cymorth Pontio A Gweithio Mewn Partneriaeth - Amserlenni Gweledol

Mae amserlenni gweledol yn helpu i gefnogi plant i ddysgu a theimlo'n ddiogel o fewn gweithgareddau dyddiol. Yn benodol, lle gall plant gael trafferth prosesu gwybodaeth ar lafar a lle mae plant yn profi pryder, gall amserlenni gweledol fod yn arf gwych i'w defnyddio. Mae llawer o bosibiliadau wrth ddefnyddio amserlenni gweledol ac awgrymiadau. Gellir torri'r lluniau allan a'u gosod ar strîbed Felcro fel y gall plant eu tynnu a'u dal yn eu dwylo, gan fynd a nhw o weithgaredd i weithgaredd. Gall ymarferwyr hefyd eu tynnu oddi ar y strîbed unwaith y bydd pob gweithgaredd wedi eu cwblhau. Gellir hefyd rhoi'r lluniau ar lanyard a'u gwisgo o amgylch gwddf ymarferwyr ac athrawon i ddarparu cymorth cyflym a defnyddiol i gefnogi plant sy'n symud drwy drefn arferol y dydd. I gael fideos gyda awgrymiadau defnyddiol ar gyflwyno amserlenni gweledol, gweler:

<https://bit.ly/3FBESIn>

Wrth greu amserlenni gweledol, mae'n bwysig cofio bod pob plentyn yn wahanol. I rai plant, efallai y bydd delweddau cartŵn yn ddefnyddiol, ac i eraill bydd angen delweddau go iawn o'r gweithgaredd yn eu lleoliad/ysgol eu hunain. Defnyddiwch eich gwybodaeth eich hun am blant i benderfynu pa ddelweddau sy'n fwy priodol ac i benderfynu sut y byddwch yn defnyddio hyn fel dull i gefnogi'r plant.

Defnyddiwch ein lluniau i greu eich amserlen weledol eich hun neu dynnwch luniau yn eich lleoliad eich hun. Siaradwch ag ysgolion am eu harferion a gofynnwch iddyn nhw ddarparu ffotograffau o wahanol agweddau'r diwrnod ysgol. Yna gellir rhannu'r amserlenni hyn gyda phlant fel rhan o'r trafodaethau parhaus am yr ysgol.

Amser stori



Ffoneg



Byrbryd



Amser tacluso



Amser cinio



Cerddoriaeth



Chwarae tu allan/tu fas



Rhifedd



Llawysgrifen



Amser cartref



Dewis rhydd



Crefft/creu



Creu eich awgrym  
gweledol eich hun

Creu eich awgrym  
gweledol eich hun

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gweledol eich hun

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gweledol eich hun

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gweledol eich hun

Creu eich awgrym  
gweledol eich hun



National Day Nurseries Association

# Taflen ffeithiau

**\*Meddwl mwy disglair  
ar gyfer y blynyddoedd cynnar**

Caiff ein tafleni ffeithiau eu hysgrifennu gan arbenigwyr blynyddoedd cynnar ar gyfer y gweithlu blynyddoedd cynnar. Mae'r rhan fwyaf o'n tafleni ffeithiau am ddim ar gyfer ein haelodau.

NDNA yw'r elusen genedlaethol a'r gymdeithas aelodaeth sy'n cynrychioli meithrinfeydd plant ar draws y DU. Rydym yn elusen sy'n credu mewn safon a chynhaliadwyedd felly rydym yn gosod busnesau ein haelodau wrth galon ein un ni.

Ni yw llais y sector meithrinfeydd a'i 21,000 o aelodau, ac yn ran o fywydau dros filiwn o blant ifanc a'u teuluoedd. Rydym yn darparu gwybodaeth, hyfforddiant a chynghor i gefnogi meithrinfeydd a'r 250,000 o bobl sy'n gweithio ynddynt i ddarparu dysgu cynnar a gofal plant o safon rhyngwladol.

Gwelwch yr ystod lawn o dafleni ffeithiau NDNA ar [www.ndna.org.uk/factsheets](http://www.ndna.org.uk/factsheets)

Mae'r wybodaeth ddarparwyd yn y daflen ffeithiau yma at ddefnydd ymarferwyr blynyddoedd cynnar yn unig. Ysgrifennwyd y daflen gan arbenigwyr blynyddoedd cynnar ond ni ddylai gael ei ddefnyddio fel allddodyn i gyngor proffesiynol. Mae NDNA wedi ymdrechu i sicrhau cywirdeb y wybodaeth gyflwynwyd yn y daflen ffeithiau. Nid yw NDNA yn atebol yn gyfreithiol nac yn gyfrifol am eich dehongliad nac eich defnydd o'r wybodaeth a ddarperir

**NDNA Cymru**

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