

Top tips for supporting birds in your garden

Watching and supporting birds in your garden or around your setting is a great way to get children interested in nature and their environment. Take a look at our top tips for encouraging birds to visit the spaces you use.



1. Provide food sources such as bird feeders. Ensure the food is regularly refilled to keep birds visiting. If you don't have an outdoor space, look at getting or creating some window bird feeders. These use suction pads to stick to the glass panes
2. Regularly clean your birdfeeders to prevent the spread of diseases
3. Do some research (or observations) on the birds in your local area and pick foods that will attract different species
4. Hang your feeders onto fence posts or on trees. Try to choose a space that offers some cover, such as bushes, that they can hide in if they need to
5. Provide a birdbath with drinking water or for birds to clean their feathers. Ensure the birdbath is kept clean with fresh water
6. Hang nest boxes around your spaces to encourage birds to nest
7. During March and April, provide natural nesting materials for birds to use when building their nests (string, wool, straw). Be careful not to leave pet hair out that may have chemicals, such as grooming products or tick treatments, and avoid human hair which may have chemicals such as hair dye. These can be toxic for some birds and human hair can also get wrapped around birds' legs causing serious injuries
8. Take photos of birds visiting your garden and create your own display of the different types of birds you see.



Tip

Find more resources at www.ndna.org.uk/hub/myndna