



Cymru
National Day Nurseries Association

Factsheet



Parts of the Body Songs

Wales

Parts of the body songs

Caneuon am rhannau o'r corff

Songs to do with parts of the body in English and Welsh. These activities will help the children to develop their language skills using Welsh appropriately in a structured play activity.

Fingers dancing

One finger, two fingers, three fingers
dancing, four fingers, five fingers,
six fingers dancing, seven fingers
eight fingers, nine fingers dancing
ten fingers dancing happily.

Standing up/Sitting down

Here we are standing up
Here we are sitting down
Here we are standing up
And here we are sitting down

One finger one thumb

One finger one thumb keeps moving
One finger one thumb keeps moving
One finger one thumb keeps moving
Moving, can you see

One hand up

Bysedd yn dawnsio

Un bys, dau fys tri bys
yn dawnsio, pedwar bys
pump bys, chwech bys yn dawnsio
saith bys, wyth bys, naw bys yn dawnsio
deg bys yn dawnsio'n llon

Sefyll i fyny/Eistedd i lawr

Dyma ni'n sefyll i fyny
Dyma ni'n eistedd i lawr
Dyma ni'n sefyll i fyny
A dyma ni'n eistedd i lawr

Un bys un bawd

Un bys un bawd yn symud
Un bys un bawd yn symud
Un bys un bawd yn symud
Yn symud, welwch chi

Un llaw i fynu

One hand up
One hand down,
One hand up,
And one hand down
Two hands up
Two hands down
Two hands up
And two hands down
One foot up,
One foot down,
One foot up,
And one foot down
Two feet up,
Two feet down
Two feet up,
And two feet down.

Head, shoulders, knees and toes

Head, shoulders, knees and toes
knees and toes
Head, shoulders, knees and toes
knees and toes
Eyes and ears and mouth and nose
Head, shoulders, knees and toes
knees and toes

Un llaw i fynu
Un llaw i lawr
Un llaw i fynu
Ag un llaw i lawr
Dwy law i fynu
Dwy law i lawr
Dwy law i fynu
A dwy law i lawr
Un droed i fynu
Un droed i lawr
Un droed i fynu
Ag un droed i lawr
Dwy droed i fyny
Dwy droed i lawr
Dwy droed i fyny
A dwy droed i lawr

Pen, ysgwyddau, coesau, traed

Pen, ysgwyddau, coesau, traed,
coesau, traed,
Pen, ysgwyddau, coesau, traed,
coesau, traed,
Llygaid, clustiau, trwyn a ceg,
Pen, ysgwyddau, coesau, traed,
coesau, traed

Suggested activity ideas

Awgrymiadau a syniadau o weithgareddau

These activities will help the children to develop their language skills using Welsh appropriately in a structured play activity. Children are beginning to become aware of the similarities and differences between themselves and their peers and through such activities they will learn about parts of the body and features of the face, as well as shapes, colours and counting (how many eyes they have, how many fingers and toes etc).

Hand and feet painting

Peintio dwylo a traed

During this activity, the children will be exploring the shape and features of the hands and feet in Welsh and discussing the colours of the paints in Welsh.

Making face pictures

Gwneud Llyniau o'r gwyneb

Use different shapes such as a potato cut in half and dip it into the paint to create a face on paper or ask them to paint a self portrait by looking in the mirror and discussing with them their hair length, eye colour etc.

Parts of the body and face can be found in separate factsheets the details are below in further support.

Word bank and useful phrases

Geirfa ac ymadroddion defnyddiol

Basic colours

Lliwiau sylfaenol

Red

Coch

Yellow

Melyn

Blue

Glas

Green

Gwyrdd

Brown

Brown

Numbers one to five

Rhifau un i bump

Can you count to five?

Wyt ti'n gallu cyfri i bump*?

Can you count to five?(plural)

Ydych chi'n medru cyfri i bump? **S/

Dach chi'n medru cyfri i bump? **N

One

Un

Two

Dau

Three

Tri

Four

Five

Shapes

Circle

Square

Triangle

Rectangle

Oblong

Star

Heart

How many shapes are there?

Come and count the shapes

Come and count the shapes (plural)

Count with me

Pedwar

Pump

Siapiau

Cylch

Sgwâr

Triongl

Petryal

Hirgrwn

Seren

Calon

Sawl siâp sy ma?

Tyrd i gyfri* y siapiau

Dewch i gyfri y siapiau

Cyfra gyda fi**S/Cyfra efo fi**N

indicates a soft mutation e.g Cyfri i bump – pump mutates to bump following i and cyfri mutates to gyfri*

** Please note where **N and **S is indicated, this refers to different dialogue that may be used in North Wales and South Wales

Further support

- Parts of the Body: <https://bit.ly/3oLTCgK>
- My Body, My Family: <https://bit.ly/34exRN9>
- Features of the Face: <https://bit.ly/3yEpp87>

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Factsheet

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