

## Mr Happy

## Mr Hapus

The following song and flashcards could be used as part of a circle time activity and could be used to prompt a discussion about feelings and emotions within the group.

Ask the children how they are feeling, why? **Sut wyt ti'n teimlo? Pam?** Or encourage them to point out the flashcard which best reflects their feeling on that day.

Sing the following lyrics to the tune of 'If You're Happy and You Know It', whilst displaying the flashcards, alongside performing the motions/sound effects stated in the brackets:

### Word bank and useful phrases

How are you?

How are you feeling?

I am happy

Are you happy?

I am happy too

I am sad

I am tired

I am cold

Are you?

Are you (plural)

Are you all ready?

Yes we are ready

No we are not ready

### Geirfa ac ymadroddion defnyddiol

Sut wyt ti?

Sut wyt ti'n teimlo?

Dwi'n hapus

Wyt ti'n hapus?

Dwi'n hapus hefyd

Dwi'n drist\*

Dwi wedi blino

Dwi'n oer

Wyt ti?

Dych chi \*\*S/Da chi \*\*N?

Dych chi / Da chi gyd yn barod?

Ydyn \*\*S / Ydan\*\*N

Nac ydyn\*\*S / Nac ydan\*\*N

*\*Translations for each emotion are provided on the flashcards*

*\*\* Please note where \*\*N and \*\*S is indicated, this refers to different dialogue that may be used in North Wales and South Wales*

Mr Hapus ydw i, ydw i. (ha ha ha)

Mr Hapus ydwi i, ydw i. (ha ha ha)

Mr Hapus ydw i,

Mr Hapus ydw i,

Mr Hapus ydw i, ydw i. (ha ha ha)

Mr Trist...(boohoo!)

Mr Tawel...(Shhhhh...)

Mr Swnllyd... (Hooray! and clap your hands)

**The song can be extended for older children by including the following additional verses:**

Mr Grac... (Grac! Grac! Grac!)

Mr Gweddol (hmmm ...)

Mr Ofnus...(Frightened expression)

Mr Tost \*(S) Mr Sâl \*(N) (atch-oo! /sneeze expression)

Mr Wedi Blino (Yawn)

\*indicates a soft mutation e.g Dwi'n drist – trist mutates to drist

## Further support

- Factsheet - Features of the face: <https://bit.ly/31U0huK>

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# Hapus

Happy



# Trist

Sad



# Swnllyd

Noisy



# Wedi Blino

Tired



# Gwedddol

So-so





Tawel

Quiet





# Ofnus

Scared



Tost / Sâl

Unwell