



Cymru
National Day Nurseries Association

Factsheet



Sand and Water - Tywod a Dwr

Wales

Sand and water

Tywod a dŵr

The '[Protective measures in childcare settings](#)' guidance notes that where possible providers should prevent the sharing of equipment and toys. The guidance also states that play with sand and water should be restricted and only participated in if the relevant guidance around hygiene and cleaning in the '[Infection Prevention and Control for Childcare Settings guidance](#)' can be adhered to.

Therefore, if you feel that you can monitor the resources, then small trays for individual children can be used along with their own utensils / resources. Trays should then be emptied (contents disposed of) and cleaned after use as per the 'Infection Prevention' guidance, ready for the next child.

Provide children with the opportunity to play with wet / dry sand and cold / warm water, encouraging the children to use their sensory skills. Children will have the opportunity to be introduced to new Welsh words as they carry out the activity enhancing their vocabulary.

Learning outcomes

Motor skills

Sensory play

Enhancing vocabulary

Counting

Hand eye co-ordination

Taking turns

Canlyniad dysgu

Sgiliau echddygol

Chwarae synhwyraidd

Gwella geirfa

Cyfri

Cydgysylltu llaw a llygaid

Cymeryd tro

Resources

Sand (wet and dry)

Cold and warm water

Cups, spades, buckets, general objects

Aprons

Baby bath liquid (optional)

Adnoddau

Tywod (Gwlyb / Sych)

Dŵr oer a cynnes

Cwpan, rhaw, bwced, petha cyffredinol

Ffedog

Hylif bath babi (dewisol)

Activity outline – **Amlinell gewithgaredd**

- Set up the sand area with a selection of cups, buckets and spades
- Set up the water area, fill with water and optional baby bath liquid to make bubbles / **swigod** (optional, possible risk assessment required for this)
- Add cups for pouring and bottles for filling
- Set up a small group for the activity or individual bowls per child*
 - **refer to latest Government Guidelines*
- Encourage the children to put on an apron
- Refer to the word bank and useful phrases list
- Encourage the children to play freely and discuss what they can feel and see
- Make shapes in the sand, build sandcastles and talk about the seaside
- Ask open questions to encourage a discussion to take place on the subject of the seaside and holidays.

Word bank and useful phrases

Sand

Water

Sand castle

Cold

Warm

Sunny

Dry

Wet

Soft

Full / Empty

Pour

Seaside

Holidays

Holiday

How does the water feel?

Is it cold / warm?

How does the sand feel?

Does the sand feel... dry?

How many cups fill the bottle?

Can you pour the water?

It's full

It's empty

Are you going on holiday?

What was your best holiday and why?

Can you put your apron on?

Geirfa ac ymadroddion defnyddiol

Tywod

Dŵr

Castell Tywod

Oer

Cynnes

Heulog

Sych

Gwlyb

Meddal

Llawn/Gwag

Tywallt

Lan Y Môr

Gŵyliau

Gŵyl

Sut mae'r dŵr yn teimlo?

Ydio yn oer/cynnes?

Sut mae'r tywod yn teimlo?

Ydy'r tywod yn teimlo'n sych?

Sawl cwpan sy'n llenwi potal?

Fedri di dywallt y dŵr?*

Mae'n llawn

Mae'n wag*

Wyt ti'n mynd ar gwyliau?

Pa wyliau oedd y gorau a pam?

Fedri di rhoi fedog ymlaen? (singular speaking with one child)

Fedrwch chi rhoi fedog ymlaen? (plural more than one child)

- Notice the soft mutation * all adjectives mutate softly after yn / y or before d(t)ywallt
- Soft mutation here Gwag becomes wag* as we are describing by saying “mae o yn (g)wag”.

Further support

Find more top activities and tips every week as part of our myNDNA practitioner based resources – view [activities here](#) and [tips here](#).

Disclaimer

This factsheet is a collation of ideas and suggestions on how to modify your provision while implementing social distancing and infection control and providing a range of learning opportunities for the children within your setting. Each setting will still need to complete a personalised risk assessment for their individual setting and circumstances. The information within this factsheet is relevant as of 10 August 2020. Should changes in legislation or policy guidance emerge after this date, this factsheet may not fully reflect these. It is advised that you continue to review the latest COVID-19 Welsh Government guidance.

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for early years

Factsheet

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NDNA is the national charity and membership association representing children's nurseries across the UK. We are a charity that believes in quality and sustainability, so we put our members' businesses at the very heart of ours.

We are the voice of the 21,000-strong nursery sector, an integral part of the lives of more than a million young children and their families. We provide information, training and advice to support nurseries and the 250,000 people who work in them to deliver world-class early learning and childcare.

See the full range of NDNA factsheets at www.ndna.org.uk/factsheets

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