



Cymru
National Day Nurseries Association

Factsheet

A photograph of two young children with blonde hair, wearing bright yellow and blue raincoats, laughing joyfully in the rain. They are standing outdoors, and the background is a soft-focus green field. The rain is visible as white streaks falling around them.

Rainy Day activities - Gweithgareddau yn y glaw

Wales

Outdoor play – Rainy day activities

Chwarae allan – Gweithgareddau yn y glaw

Showers give us short bursts of rainfall, leaving beautiful rainbows / **enfys** to admire and exciting puddles / **pyllau** to jump in.

There are lots of fun things you can do with rain / **glaw** – here are some ideas.

Learning outcomes

Personal, emotional and
Social development

Well-being

Fine and gross motor skills

Develop language skills

Colour recognition

Canlyniad dysgu

Datblygiad personol, emosiynol
a chymdeithasol

Lles

Sgiliau echddygol manwl

Sgiliau iaith

Adnabod lliwiau

Resources

Waterproof clothing

Wellies

Materials to make boats

Powder paints for puddle painting

Natural resources for rain paint

Camera to record children's work

Adnoddau

Dillad Glaw

Esgidiau Glaw

defnyddiau gneud cwch

Paent powdwr i beintio pyllau

Adnoddau naturiol at paent glaw

Camera i ddangos gwaith y plant

Activity Outline - **Amlinell gweithgaredd**

- **Sailing boats** – design and make your own boat out of paper, card or junk modelling materials
 - Take your boat on an adventure in puddles outside!
- **Puddle painting** – sprinkle powder paint in puddles and let the children swirl it around with sticks and straws, to make beautiful images that you can photograph or take paper prints of
- **Rain paints** – design a funny face on the ground using leaves, pebbles, sticks and shells
 - Once complete, wait for the rain
 - Once the rain has gone, carefully remove objects and you will be left with a print of your creation
 - Don't forget to take photographs before it disappears!
- **Splashing around** – if all else fails, get your wellies on and go for a good splash / **splash!**

Word bank and useful phrases

Rain

Raining

Rain water

Puddles

Boat

Wellies

Rain coat

Rainbow

Wet

Dry

Jump

Geirfa ac Ymadroddion defnyddiol

Glaw

Bwrw Glaw

Dŵr Glaw

Pyllau

Cwch

Esgidiau glaw

Côt glaw

Enfys

Gwlyb

Sych

Neidio

Can you put your wellies on?

Shall we splash in the puddles?

Shall we make a rainbow?

What colours do you see?

That was fun!

Did you have fun?

Fedri di rhoi esgidiau glaw ymlaen?

Beth am neud sblash yn y pyllau?

Beth am neud enfys?

Be(th) liwiau weli di?

Am hwyl

Ges di hwyl?

Further support

- [Fun for All Seasons](#) - publication
- [Art of Expression and Creativity](#) - publication
- [Nature Play](#) – publication.

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★Brighter thinking
for early years

Factsheet

Our factsheets are written by early years experts for the early years workforce. Most NDNA factsheets are free to our members.

NDNA is the national charity and membership association representing children's nurseries across the UK. We are a charity that believes in quality and sustainability, so we put our members' businesses at the very heart of ours.

We are the voice of the 21,000-strong nursery sector, an integral part of the lives of more than a million young children and their families. We provide information, training and advice to support nurseries and the 250,000 people who work in them to deliver world-class early learning and childcare.

See the full range of NDNA factsheets at www.ndna.org.uk/factsheets

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