

## Minimising contact in early years

**Unlike older children and adults, children in the early years cannot be expected to remain 2m away from each other and staff according to government advice.**

However, nurseries need to minimise contact and larger mixing of people as much as possible, whilst still ensuring children's individual needs and well-being is supported.

Here are some of our tips for your setting:

- Arrange a staggered start and finish time where possible, to avoid increasing numbers of families arriving at the same time
- Use fun visual markers where possible - such as dinosaur footprints - to help families adhere to social distancing guidelines during drop off and collection
- If you have more than one entry/exit point at the nursery, could you allocate one specifically for entry and one for exit to support drop off and collection?
- Create fun names or use colours for bubble groups such as 'Brilliant Blues' and use the corresponding coloured tape to mark out specific areas on the floor to support staff and children with any necessary social distancing measures
- Government guidelines state that spending time outdoors can limit transmission. Depending on the size of your outdoor area this could also allow more easily for minimising contact. Spend as much time as possible outdoors by staggering outdoor time or sectioning off areas using markers to allow smaller groups to play outside at the same time whilst adhering to minimising contact measures.



Image courtesy of NDNA member Highmeadow Day Nursery.