



Cymru
National Day Nurseries Association

Factsheet



Key Phrases to use in your Daily Routine

Wales

Key phrases to use in your daily routine

This factsheet can be used to support staff with the Welsh language and create your own resources. You can print it and display in the rooms or next to visual timetables.

Key phrases for different part of the day

8.45	Brecwast / Breakfast
9.30 – 11.00	Gweithgareddau / Activities
11.00 -11.10	Brwshio dannedd a golchi dwylo / Toothbrushing and wash hands
11.10 – 11.30	Amser cofrestru – Time to register Amser cylch / Circle time
11.30 – 12.15	Amser cinio – Lunch time
12.30 – 2.30	Gweithgareddau – Activities Newid clwt (clwt or cewyn can also be used, both are correct words for nappy) / Nappy change
2.45 – 3.15	Amser Te – Dinner time
3.30 – 6.00	Gweithgareddau – Activities
6.00	Dyma Mam/Dad/Nain/Taid – here is Mum/Dad/Grandma/Grandad Amser mynd adra – Time to go home

Key phrases and words to be embedded throughout the day

- 5 mins until tidy up time Pum munud tan amser tacluso
- Tidy up time Amser tacluso - Sing the song “Amser Tacluso”
- Circle Time Amser cylch
- Snack time Amser snac
- Washing hands Golchi dwylo – Sing the song “Golchi dwylo”
- Brushing teeth Brwshio dannedd
- Outdoor play Chwarae allan
- Put your coats on Rhowch eich cotiau ymlaen
- Thank you Diolch
- No thank you Na dim diolch
- Please don't Paid plis
- Well done Da lawn
- Please Plis
- Sit Eistedd (eisteddwch is plural)

- Quiet Tawel
- Listen Gwrandewch
- Time to sleep Amser cysgu

Circle time and activities to focus on Welsh / Cymraeg

- What colour? Pa lliw?
- Counting Cyfri – Flash cards with numbers and picture display e.g. the number 2 and picture of 2 ducks for word association
- Where is 2? Where is 3? Ble mae 2? Ble mae 3?
- Do you like? Wyt ti'n hoffi?
- Do you want? Wyt ti eisiau?
- How are you? Sut wyt ti?
- Happy Hapus
- Sad Trist
- Tired Wedi blino
- Shapes Siapiau - separate activity can be provided by NDNA Cymru
- Story time Amser stori
- Book Llyfr
- Read Darllen
- Registration Cofrestru
- Today Heddiw
- Monday dydd Llun
- Tuesday dydd Mawrth
- Wednesday dydd Mercher
- Thursday dydd Iau
- Friday dydd Gwener
- Flash cards Cardiau flach
- Yma – here / dim yma – not here (good preparation for school!)

Further resources

- Learn Welsh useful resources:
<https://learnwelsh.cymru/search/?query=Welsh+Language+Awareness+course>
- [NDNA factsheets](#)

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for early years**

Factsheet

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NDNA is the national charity and membership association representing children's nurseries across the UK. We are a charity that believes in quality and sustainability, so we put our members' businesses at the very heart of ours.

We are the voice of the 21,000-strong nursery sector, an integral part of the lives of more than a million young children and their families. We provide information, training and advice to support nurseries and the 250,000 people who work in them to deliver world-class early learning and childcare.

See the full range of NDNA factsheets at www.ndna.org.uk/factsheets

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