

## Child safety and speaking out

**It is important to sensitively talk to children about keeping themselves safe and speaking out about abuse.**

As early years practitioners, we are best placed to see and hear suspicions of abuse; but the best thing is for children to be aware, protect themselves and talk openly about anything that makes them feel uncomfortable.

NSPCC have created the Pantosaurus campaign and resources (including a very catchy tune) to help children understand that their privates are private.

It communicates the organisation's Pants rule; an acronym for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up - someone can help.



There is also a game for the children to play on here and lots of information for parents.

It is vital that you get parents on board for this campaign as they will need to know that you are discussing this sensitive topic and why. Use the resources on here to support this. Why not host a parent's evening and go through the activities and video prior to doing this with the children so they know the benefits and are also able to talk to their child at home about the same topic.