

Caring for one another

Support children to learn how we all care for one another in these three activity guides for nurseries.

Learning aims

- Personal, Social and Emotional Development (PSED)
- Understanding the World
- Expressive Arts and Design – being imaginative
- Communication and Language
- Literacy - writing
- Physical Development – health and self-care
- Mathematics - numbers.



Resources

- Paper and pens
- Camera and printing paper
- Laminator
- Hole punch
- Tree branch/display wall
- Tags to tie pages together.

Activity Outline

Create a 'Caring Book'

- Ask children to tell you about all the people they know who care for others (mums, dads, police officers, nurses, care assistants etc.)
- Focus on your own nursery setting and think about all the ways 'care' happens
- Give examples of how staff care for children and how children care for each other
- Explain to children that you are going to create your own book showing all the ways you care for each other
- Create a space for a camera that children can help themselves to, to take photographs each time they see somebody caring for another person (allow a few days to ensure you capture lots of images)
- Print off your photographs and ask the children to choose which ones should go into your book
- Stick the photos on to paper or thin card and add a short narrative about the act of caring, then laminate for longevity
- Assemble all of your pages and ask the children to think of a title for your book e.g. 'How We Care', 'Our Caring Book'
- Add the title and ask the children to decorate the front cover page, laminate once complete
- Share the book together and discuss all the different acts of caring and kindness that happen in your setting
- Place the book in your book area so children have access to it at all times.

Create a 'pledge wall' or 'pledge tree'

- Discuss with and ask children to pledge an act of caring or kindness they will do
- Create a pledge wall or tree and add children's pledges
- At the end of the week re-visit the pledges and encourage children to talk about how they have cared for others.

Sharing the caring

- Sharing caring ideas will add inspiration and ideas for children to think about all the different ways caring happens in the world around them
- Invite your baby room staff to come into pre-school to talk to the children about how they care for babies
- Schedule slots for children to visit the baby room and help to 'care' for the babies too
- Invite parents in to share their caring stories or job roles (nurse, fire officer, care assistant, cook etc.)
- Why not 'care' for people in the community by volunteering to help? E.g. local allotments, bake cakes for the local fire brigade / care home / schoolteachers etc.

Extension ideas

- Extend your caring theme by making it part of your regular circle time sessions
- Encourage children to think about caring for others and talk about how they are going to care for each other in the nursery, at home or in the wider community.