

Bacteria watch with baggy bread

In a childcare setting it is very easy to spread germs. Enable children to explore the world of germs and discover the decomposition process with our brilliant baggy bread activity.

Resources

- Three slices of bread
- Three sandwich bags
- Rubber, latex or plastic gloves
- Labels
- Pen.



Activity Outline

- Allow the children to place one piece of bread, with gloves on, in to a sandwich bag - a controlled piece of bread
- Have the children place a second piece of bread in a second bag after washing their hands - a clean piece of bread
- Finally, allow the children to pass around a piece of bread having not washed their hands, and add it to a third sandwich bag - a 'dirty' piece of bread
- Label each piece of bread.

Over a period of time, watch the bread decompose and change in each case and compare them. This is a great visual way to teach the importance of hand washing to alleviate germs spreading.

Special considerations

- *Allergies to bread, gloves and plastic bags*
- *The dangers of plastic bags around children*
- *Disposing of the bread and keeping it out of children's reach after decomposition.*